

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Redbridge Foodbank	
If your organisation is part of a larger organisation, what is its name? Redbridge Foodbank is independent	
In which London Borough is your organisation based? Redbridge	
Contact person: Ms. Jocelyn Davis	Position: Manager
Website: http://www.redbridgefoodbank.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1141637
When was your organisation established? 16/04/2010	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances Fewer Londoners experiencing food poverty
Please describe the purpose of your funding request in one sentence. Funding would ensure people in Redbridge, at crisis point caused by financial poverty, will receive food, financial / health and welfare support alleviating their crisis.
When will the funding be required? 04/08/2014
How much funding are you requesting? Year 1: £18,786 Year 2: £19,384 Year 3: £19,993 Total: £58,163

Aims of your organisation:

Mission Statement -- the mission of Redbridge Foodbank is to facilitate the transformation of society through social justice -- fighting poverty at its point of need.

Our objective is to feed & support people facing crisis in Redbridge and neighbouring areas with the help of care professionals and other agencies from all sectors with whom we work collaboratively.

Main Aims -- the aims of Redbridge Foodbank are that :-

1. People in crisis will be relieved of hunger, immediate poverty and have access to a programme of emergency support leading to better social inclusion and progression towards living independently in the community with adequate financial means
2. People in the community, as volunteers, will acquire new skills and experience to progress them along their life pathways in order to compete for employment opportunities and participate in the 'Big Society' by supporting people in crisis to strengthen local communities

Main activities of your organisation:

Activities -- there are 3 main services provided by Redbridge Foodbank which are :-

1. Food Distribution -- our main service is to facilitate the donation of food [non-perishables] which is banked into our warehouse and prepared as emergency food parcels to be distributed to people in crisis of any age, ethnicity and both genders [packages also include items for cleaning, washing and hygiene]
2. Volunteering -- activities are underpinned by the efforts of volunteers who receive training and personal development to participate thus they can further their own progression whilst helping people in crisis
3. Support & Development -- Redbridge Foodbank develops activities to be delivered in the centre during Foodbank sessions which address the needs of people referred to us or who visit for support.

This might include advice, advocacy, health and personal development delivered directly by Redbridge Foodbank as projects are introduced or by groups within our networks e.g. health professionals and advice agencies such as CAB.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	1	7	20

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Rent contributed in-kind

Summary of grant request

Project Need:-

1. Poverty -- people are progressing into crisis situations without means to feed themselves and / or their families caused by worklessness / rising unemployment, inadequate pensions, homelessness, substance misuse, mental ill-health and rising costs of living e.g. bankruptcy figures continue to rise
2. Health & Well Being -- their health suffers due to lack of nutrition leaving them vulnerable to illnesses and reduced immunity.
3. Building the 'Big Society' -- people in the community want to support those people in such crises -- they need opportunities, training and support to participate.
4. Project Experience -- collections of food have seen more than 15 tons donated / distributed annually to over 1,000 adults and children in crisis. Enquiries are increasing for our support, an unfortunate factor of today's climate.

Project Description -- "People In Crisis" comprises 4 spheres :-

1. Food & Hygiene Package Distribution -- provision of emergency food [non-perishables] and hygiene parcels for people / families in crisis.

Emergency food will last [on average] 3 days providing 10 balanced meals i.e. the minimum time for appropriate agencies to be in place and a longer term strategy developed to best support them.

2. Volunteer Development -- people from the community will be trained and supported as volunteers to collect / distribute the food, conduct driving duties, warehouse support and other tasks including mentoring & befriending.
3. Advocacy & Sign-posting -- project staff / volunteers will provide advice / support to individuals along with befriending and mentoring from volunteers. Furthermore, we will bring in other agencies which provide specialist help in order to develop a joined-up approach as a network and build capacity to support their many needs not just for food.
4. Partnership Development -- to facilitate the food for re-distribution, we will establish a network of donation / collection points working with food stores [e.g. Tesco], hospitals, schools, colleges, community centres, churches, shops etc.

Measurable Objectives -- the key targets set for the project over the next 3 years are as follows :-

1. Distribution of 3,000 food parcels for up to 3,000 people experiencing crisis [1,000 per year].
2. 30 new volunteers recruited / engaged [10 per year].
3. Development of 30 referral agencies to join the network
4. 30 collection points to be established [10 per year].

Overall Aim -- "People In Crisis" will ensure people in Redbridge who have reached crisis point are relieved of hunger, receive crisis support appropriate to their health, financial, social and welfare needs to progress them [back] to living independently.

Furthermore, local people will volunteer, gain new skills and improved life opportunities

whilst strengthening the community.

Track Record -- Redbridge Foodbank :-

- receives 16 tons of food donations annually.
- has created partnerships with 161 Care Professionals
- distributes 13 tons of food and non-food items to over 1,500 adults and children annually
- successfully set up 11 food Collection Points around Redbridge
- has engaged over 50 Volunteers as a community initiative.

Programme 'Reducing Poverty' : "People in Crisis" starts with ensuring people experiencing severe food poverty can eat by provision of actual food parcels. They can then gain access to advice, support and referral for financial / specialist services addressing debt, benefits, health care and employment training.

Meeting Principles of Good Practice -- Redbridge Foodbank is user led [Board level and user consultation] and "People In Crisis" is available to anyone experiencing food poverty from any community. Furthermore, the whole programme is supported by volunteers and as an organisation, we have a developing 'Environmental policy' taking steps such as recycling, energy saving and other methods.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

No planning or other consents are required for this project -- it is an existing programme which we are developing to add resources and make even more effective having already achieved part funding, a dedicated vehicle, free rent for our centre and donated food.

Do you have a Vulnerable Adults policy? ~~No~~ YES

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Food & Hygiene Package Distribution -- provision of 3,000 food parcels for up to 3,000 people experiencing crisis [1,000 per year] comprising food and hygiene / wash goods -- the [free] emergency food will last [on average] 3 days providing 10 balanced meals per person / family.

Volunteer Development -- 30 people [10 per year].from the community [including service users] will be trained and supported as volunteers to collect / distribute the food, conduct driving duties, warehouse support and other tasks such as admin, mentoring & befriending.

**Advocacy & Sign-posting -- project staff / volunteers will provide advice / support to individual service users along with befriending and mentoring support.
Recruitment / engagement of 30 agencies to join the network enabling service user access to specialist providers of [financial] advice and personal health / development services.**

128
Partnership Development -- to facilitate the food for re-distribution, we will establish a network of 30 collection points [10 per year] working with food stores [e.g. Tesco], hospitals, schools, colleges, community centres, churches, shops and anywhere else that might want to gain involvement with the scheme.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Food Distribution - People experiencing crisis will be relieved of hunger, improve their health and hygiene by receiving food and wash / hygiene goods. They will receive 3 days crisis support whilst an emergency plan is established and initiated enabling them to gain essentials to live [food, shelter and income]

Volunteering - Local people [and service users] will have opportunities to volunteer and acquire new skills / experience assisting them to progress along their life pathways in order to compete for employment opportunities whilst supporting peers. This will also build a stronger community coming together to help people in crisis.

Advocacy & Sign-posting - People experiencing crisis will access advice, advocacy and services from the project and collaborating specialist agencies. This will enable service users to improve their health, welfare and work towards [re]gaining full independence as they become capable of progressing out of crisis and back to independence.

Partnership Development - Myriad agencies from all sectors will collaborate as a network to develop a strategic response locally to issues of poverty and particularly hunger which will build a stronger community, ready and prepared to assist people whose circumstances have led to crisis.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Ideally, "People In Crisis" would not be needed once the recession ends, however we foresee the need continuing, therefore the project will continue as long as it is required funded through in-kind donations e.g. resources / rent / food and volunteer time, complemented by grants [Trusts] and statutory moneys for which we will continue bidding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Redbridge (85%)

Waltham Forest (5%)

Newham (5%)

Barking & Dagenham (5%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Food poverty is being experienced by people from all communities**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salary [and NI]	28,786	29,384	29,993	88,163
Staff & Volunteer Costs	3,900	3,978	4,058	11,936
Project Revenue costs [Direct]	7,023	6,868	6,816	20,707
Capital Costs [Commercial Vehicle]	18,330	0	0	18,330
Overheads	9,000	9,180	9,364	27,544
Food and Goods for Packages	20,000	20,000	20,000	60,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	87,039	69,410	70,231	226,680
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Redbridge Foodbank	9,000	9,180	9,364	27,544
Clothworkers Foundation	18,000	0	0	18,000
The Community / Partners	20,000	20,000	20,000	60,000
Henry Smith Charity	20,000	20,000	20,000	60,000

TOTAL:	67,000	49,180	49,964	165,544
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
City Bridge Trust, if successful, would be the final match	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager	18,786	19,384	19,993	58,163
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	18,786	19,384	19,993	58,163
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended: 31st	Month: March	Year: 2014
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Income received from:	£
Voluntary income	189,032
Activities for generating funds	
Investment income	
Income from charitable activities	
Other sources	
Total Income:	189,032

Expenditure:	£
Charitable activities	132,984
Governance costs	496
Cost of generating funds	9,313
Other	9,897
Total Expenditure:	152,690
Net (deficit)/surplus:	36,342
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	36,342

Asset position at year end	£
Fixed assets	13,620
Investments	
Net current assets	44,969
Long-term liabilities	
*Total Assets (A):	58,589

Reserves at year end	£
Endowment funds	
Restricted funds	57,090
Unrestricted funds	1,499
*Total Reserves (B):	58,589

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	33,015	8,254
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
1. ES Grassroots Dispossessed Fund	10,000	0	0
2. Redbridge Small Grants Fund	0	2,684	0
3. Sport Relief-ES Dispossessed Fund	0	16,002	0
4. Clothworkers' Foundation	0	0	18,000
5. The Henry Smith Charity	0	0	20,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jocelyn Davis**

Role within **Manager**
Organisation: